

READING ROADRUNNERS

Shinfield 10K Road Race

May Day Bank Holiday Monday 3rd May 2010
Start Time 10.30 am



26th
Year

Promoted by the Reading Post

New improved route for 2010

<http://tinyurl.com/Shinfield-10k-route>

The race starts and finishes in Shinfield and passes through the villages of Shinfield; Ryeish Green and Spencers Wood.

Official Sponsor



- A race for runners of all standards.
- Medals for all finishers.
- Trophies & Cotswold Outdoor vouchers for the first 3 males & females
- Trophies for first in the following age categories: 40+ 50+ 60+ and 70+ plus first Male & Female local (RG2/RG7) runner.
- Drinks Station, Refreshments, First Aid & Baggage Tent.
- Results at: www.readingroadrunners.org
- Online booking at www.runnersworld.co.uk by Saturday 24th April. Incurs £1.50 handling charge.
- Mayday Fete from 10.00 am Mini fairground, Stalls, Bouncy Castle, Games, Live Music, Refreshments and a Barbeque.
- Entry: £8 if received by 24th April - £10 on the day (subject to race limit of 800).
- 15% Discount for all runners at Cotswold Outdoor
- UK Athletics Certificate of Course Accuracy Number 10/133

Official Sponsor

Take your Shinfield 10k Running Number to Cotswold Outdoor Ltd, 271 Basingstoke Road, Reading, (or any Cotswold Outdoor store) and obtain a 15% discount on all your outdoor clothing; shoes or equipment. (Except sale items). Offer closes 31st May 2010.

Entry Form (Please use block capitals)

Surname..... First Name..... Male Female
 Address.....
 Town..... Postcode.....
 Telephone..... Date of Birth..... Age on Race Day.....
 E-mail..... Club Name.....

Please provide an emergency

Contact name..... Phone number

Please enter me for the 10k race. I am medically fit to run & I understand that I enter at my own risk & that the race organisers and officials shall under no circumstances be liable for any injury, damage or loss sustained in connection with this event.

Open to all runners age 16 or over on race day.

Signed..... Date.....

Please send entry form with cheque for £8.00 (£10.00 on the day) payable to Reading Roadrunners plus stamped addressed envelope 9" x 6.37" (A5/C5)

To: Shinfield 10k Race, 8 Bloomfield Hatch Lane, Grazeley, Reading RG7 1JW
Sorry, but no refunds can be given in the event of cancellation for whatever reason.

Last day for receipt of postal entries 24th April 2010. Additional entry forms from: www.readingroadrunners.org