

READING ROADRUNNERS

Shinfield 10K Road Race

May Day Bank Holiday Monday 5th May 2008

Start Time 10.30 am



24th
Year

Promoted by The Reading Post

The race starts and finishes in Shinfield and passes through the villages of Shinfield, Three Mile Cross and Spencers Wood.

The course is generally flat and fast.

Official Sponsor



- Ideal for runners of all standards
- Medals for all finishers
- Trophies for first 3 Males and 3 Females
- Trophies for the first Males and Females in the following age categories: (40-49) (50-59) and (60 plus)
- £100 cash prize if course record broken (Male 29.32) (Female 35.09)
- Drinks Station, Refreshments, First Aid & Baggage Tent
- £3 discount for entering by 26 April 2008
- Results on RRR website: www.readingroadrunners.org
- Mayday Fete from 9.00 am ~ Mini fairground, Stalls, Bouncy Castle, Games, Live Music, Refreshments and a Barbeque ~

Entry Form

Surname..... First Name..... Male Female

Address.....

Town..... County..... Postcode.....

Telephone..... Date of Birth..... Age on Race Day.....

E-mail..... Club Name.....

Please provide an emergency

Contact name..... and Phone number

Please enter me for the 10k race. I am medically fit to run and will take part entirely at my own risk.

The organisers will not be held responsible for any illness or loss to any person or property.
Not suitable for children under 16 years of age on race day.

Signed..... Date.....

Please send entry form with cheque for £7.00 (£10.00 on the day) payable to Reading Roadrunners plus stamped addressed envelope 9" x 6.37" (A5/C5)

To: Shinfield 10k Race, 8 Bloomfield Hatch Lane, Grazeley, Reading RG7 1JW
No refunds can be given.